



Spotlight: Creighton University Medical Center Raises Over 30,000 Pounds of Food to Benefit Siena Francis House

Creighton University Medical Center residents, physicians and staff rallied together to donate over 33,000 pounds of food to the Siena Francis House as part of the annual "Feed the Need" food drive.

Leader's Voice: Reflecting Back on 2010, Looking Forward to a Bright New Year

As we prepare to celebrate the holiday season and embark on a new year I think it is appropriate that we reflect on the accomplishments achieved throughout 2010 at Creighton University Medical Center.

People First: Nutt-Scott Named December Employee of the Month

Shirley Nutt-Scott from the Food Service department was named employee of the month for December.

Patient Focus: Creighton University Medical Center Measures Up on Quality

The Centers for Medicare and Medicaid Services (CMS), a division of the Department of Health & Human Services, collects and reports quality data on hospitals that treat Medicare and Medicaid patients.

News & Announcements

- CUMC Safety Fair and Mini Skills Day
- Red Cross Blood Drive
- Yoga Classes Offered Through March
- New Books for Health Science Library
- OT/PT Biggest Loser Challenge

Spotlight: Creighton University Medical Center Raises Over 30,000 Pounds of Food to Benefit Siena Francis House



Creighton University Medical Center residents, physicians and staff rallied together to donate over 33,000 pounds of food to the Siena Francis House as part of the annual "Feed the Need" food drive.

"It is the single largest food donation to the Siena Francis House every year," said Tim Sully, Director of Development at the Siena Francis House. "It makes a big difference and the Siena Francis House really relies on the food drive every year."

He explains that the donation will help provide at least three months of needed meals at the shelter. The hospital has been holding the food drive for the past five years. President and CEO Gary Honts was present to present the donation on the hospital's behalf.

Thank you to those who helped with or purchased items at the bake sale and walking tacos fundraisers. Over \$1,200 was raised from both events which went towards purchasing cans of food. The Old Market Sour Dough Bread Company donated over 70 loaves of bread for the bake sale.

The medical staff raised over 8,800 pounds of food and the residents raised over 7,700 pounds making up about half of the total donation. Thank you to all of the departments who participated in the challenge. This year's challenge winners include:

- Lower Level raising 3,600 pounds of food
- IT, Fiscal, and Communications raising 2,242 pounds of food
- Lab and Respiratory Therapy raising 1,618 pounds of food
- ER raising 808 pounds of food
- Quality, Social Work, CM and RM raising 515 pounds of food
- OR raising 41 pounds of food

Leader's Voice: Reflecting Back on 2010, Looking Forward to a Bright New Year



As we prepare to celebrate the holiday season and embark on a new year I think it is appropriate that we reflect on the accomplishments achieved throughout 2010 at Creighton University Medical Center.

In 2010 we set out to begin a patient room renovation project not only to enhance the aesthetic look of patient rooms, but also serve to create a more efficient work environment for nursing staff, contributing to the overall patient experience. The first step in meeting that goal was the opening of the newly renovated cardiac care unit on the fourth floor (4100) in August. We then quickly moved on to the next unit on the fourth floor (4600) which was completed earlier this month. The third phase of this renovation project (5200) is slated to be completed near the end of April.

Over the past twelve months we have also purchased a new state of the art MRI, renovated the public areas on the third floor, embarked upon a \$5M renovation of our radiation therapy department, opened a new primary care clinic in South Omaha and converted operating room 12 from a standard surgery suite to a minimally invasive suite. Construction on the second operating room will begin just after the first of the year.

This effort will continue into the new year with patient room renovations on the fifth floor including 5200, 5500 and 5100. Construction will begin on (5400) a dedicated Orthopedic Neurology unit. We were successful in recruiting Dr. Sanjay Singh a world renown neurologist and epilepsy specialist to head up the unit and a director, Pam Kayl has been hired. We will be filling several new positions including staff RN's, RN supervisors and an epilepsy nurse coordinator in the new year.

As we approach 2011 we should all be proud of the progresses we have made together. We continue to move our quality metrics higher, we have gained market share and attracted outstanding new physicians to our medical staff. We are well positioned to meet the future and look forward to a new year filled with success.

People First: Nutt-Scott Named December Employee of the Month



Shirley Nutt-Scott from the Food Service department was named employee of the month for December.

Nutt-Scott has worked in patient care food service for over 43 years at Creighton University Medical Center. She said what she enjoys most about working here is the patients.

Patients often write her thank you notes and she frequently receives Target 100 thank you cards.

Nutt-Scott was nominated for employee of the month by Mary Drouillard and Anne Thauas from the PICU/Peds department and Kim Bond from Food and Nutrition. They wrote in their nomination "Shirley is always pleasant whenever she answers the phone. There is an enthusiasm in her voice no matter when she is called."

They explain she will go out of her way to find specific foods for fussy toddlers. "She is very helpful in answering questions we have about food choices. For example, one of the patients was on a soft diet and Shirley took the time to go over the whole menu of what was included on a soft diet. This helped the patient and parents understand what their food choices were," they added. "Another young patient from Burma only ate rice. Even though rice wasn't on the menu, Shirley had a bowl of steamed rice sent to the patient for breakfast and on additional trays."

Nominate Someone for Employee of the Month

Each and every day we work with incredible people who provide outstanding patient care and extraordinary customer service. Please take the time to recognize these individuals by filling out the Employee of the Month Nomination Form. This is a great way to say "Thank You". Please be sure to include specific examples in your nomination. The form can be found on Q:\Employee Nomination Form\Employee Nomination Form.pdf or in Administration.

Patient Focus: Creighton University Medical Center Measures Up on Quality

The Centers for Medicare and Medicaid Services (CMS), a division of the Department of Health & Human Services, collects and reports quality data on hospitals that treat Medicare and Medicaid patients. This data collected by CMS are called *Core Measures*. The *Core Measures* were created to improve the quality of the nation's health care by implementing a national, standardized performance measurement system. Tracking and improving on the *Core Measures* has shown to reduce the risk of complications and prevent recurrences.

There are a total of 33 *Core Measures* altogether, grouped into 4 categories:

- Acute myocardial infarction
- Community acquired pneumonia
- Congestive heart failure
- Surgical care improvement process

Creighton University Medical Center has made delivering quality patient care a top priority. As the region's top health care provider, CUMC consistently ranks at the top when compared to the Nebraska average, local competitor hospitals and local academic medical centers:

- On overall quality (all four categories) CUMC has an average of 97.9%
 - Nebraska's average is 95.4%
 - National average is 95.0%
 - Nebraska Medical Center 92.9%
 - Alegent 97.5%
 - Methodist 92.9%
- On overall Heart Attack CUMC has an average of 100%
 - Nebraska's average is 98.4%
 - National average is 97.7%
 - Alegent 99.1%
 - Nebraska Medical Center 96.3%
 - Methodist 98.6%
- On overall Heart Failure CUMC has an average of 97.7%
 - Nebraska's average is 92.3%
 - National average is 93.2%
 - Alegent 95.7%
 - Nebraska Medical Center 83.9%
 - Methodist 99.1%
- On overall Pneumonia CUMC has an average of 97.9%
 - Nebraska's average is 93.4%
 - National average is 93.3%
 - Alegent 98.9%
 - Nebraska Medical Center 88.8%
 - Methodist 91.7%
- On overall Surgical Care Improvement Process CUMC has an average of 97.3%
 - Nebraska's average is 96.0%
 - National average is 95.6%
 - Alegent 97.4%
 - Nebraska Medical Center 94.9%
 - Methodist 91.7%

CMS Hospital Compare Data, Q1 2009 to Q4 2009

CUMC will continue to make quality a top priority and a central focus in our mission of patient care, education and research. If you would like to learn more about CMS's *Core Measure* data, it is available to the public at www.hospitalcompare.hhs.gov.

CUMC Safety Fair and Mini Skills Day

Creighton University Medical Center plans to hold a Safety Fair and Mini Skills Day in January on the following dates:

Jan. 9 from Noon – 4 p.m.

Jan. 10 from 7 a.m. – 11 a.m.

Jan. 11 from. Noon – 4 p.m.

Jan. 12 from 7 a.m. – 11 a.m

The events will take place in the Becic Dining area and Dining Room D. Everyone is encouraged to attend one of those days. Save the date and watch for additional information soon!

Red Cross Blood Drive: Start the New Year on the Right Path by Helping Out Those Who Need You

Only 38 percent of the population is eligible to give blood, so you can help us encourage those individuals to make blood donation part of their lifestyle. It takes about 45 – 60 minutes to ensure that there will be blood for our loved ones, neighbors, and even strangers that count on blood donors like you to make a difference in their lives. The new year is a new beginning. Let's start off on the right track and help out by donating blood.

Help maintain a stable blood supply by becoming a dedicated donor and encouraging others to give for the first time.

Upcoming Blood Donation Opportunities at Creighton University Medical Center:

Monday, Wednesday Jan. 5 from 7 a.m.-12 p.m. (Sponsor Code: <5>)

How to Donate Blood

Call Karen Kealy at 449-4334 to schedule your appointment or to view available times and to schedule your own donation, **please** [click here](#) or visit redcrossblood.org **and enter the sponsor code listed above.**

Yoga Classes Offered Through March

Yoga Classes will be offered Tuesdays and Thursdays at 4:45 p.m. beginning January 25 and will be offered through March 3. Classes will be held in either the Becic Dining Room or ABC.

Tuesday classes will be appropriate for all levels of fitness and will be modified for beginners yet appropriate for more advanced levels of fitness. Anyone who wants to give yoga a try is encouraged to join this class. Thursday classes will be more appropriate for more advance levels of fitness only. However you do not need yoga experience to attend. The style of yoga offered in both classes is fitness focused.

The cost of classes is \$12 if you attend either Tuesday or Thursday only. (this is the cost for all 6 classes, not a per class cost). The cost is \$24 if you plan to attend all Tuesday and Thursday classes.

Please contact Amy Matthews OTD, OTR/L with questions at amatt@creighton.edu. You do not need to pre-register. Come to the first class or two a few minutes early to register and sign a waiver.

New Books for the Health Science Library

FETAL ECHOCARDIOGRAPHY: A PRACTICAL GUIDE	WQ 210.5 A417F 2009
IMAGING OF UROGENITAL DISEASES: A COLOR ATLAS	WJ 17 I31 2009A
MOVEMENT DISORDER SURGERY: THE ESSENTIALS	WL 390 M9348 2009
PRE- AND POST-OPERATIVE SERVICES FOR THE AMPUTEE WITH DIABETES	WK 835 P922 2007
HINMAN'S ATLAS OF PEDIATRIC UROLOGIC SURGERY	WS 17 H663a 2009
INTRAOPERATIVE NEUROPHYSIOLOGY	WL 368 I613 2010

CRANIAL, CRANIOFACIAL AND SKULL BASE SURGERY
 ESSENTIALS IN GENERAL SURGERY
 SURGERY: A COMPETENCY-BASED COMPANION
 MEDICAL-SURGICAL NURSING: PREPARATION FOR PRACTICE

WE 17 C891 2010
 WO 500 E782 2006
 WO 18.2 S9605 2009
 WY 161 O81m 2010

These books may be checked out for four weeks with either a Creighton ID or a Guest ID issued by the library at no charge.

We will also deliver the books to your office at the hospital, if that is more convenient.

Below is a list of e-books that can be accessed from our webpage <http://www.r2library.com>

Title	Author	Subject
CURRENT DIAGNOSIS & TREATMENT NEPHROLOGY & HYPERTENSION	Edgar Lerma, MD, Jeffrey Berns, MD, Allen Nissenson, MD	Nephrology
TRAUMA	David Feliciano, MD, Kenneth Mattox, MD, Ernest Moore, MD	Wounds and Injuries.
ESSENTIALS OF CLINICAL GERIATRICS	Robert Kane, MD, Joseph Ouslander, MD, Itamar Abrass, MD, Barbara Resnick, PhD, CRNP, FAAN, FAANP	Geriatrics.
CULTURAL DIVERSITY IN HEALTH AND ILLNESS	Rachel Spector, PhD, RN, CTN, FAAN	Cultural Diversity--United States.
CLINICAL AND DIAGNOSTIC VIROLOGY	Goura Kudesia, Tim Wreghitt	Virus Diseases-- Handbooks.
TEXTBOOK OF CARDIOVASCULAR MEDICINE	Eric J. Topol, MD, Robert M. Califf, MD, Eric N. Prystowsky, MD, James D. Thomas, MD, Paul D. Thompson, MD	Cardiovascular Diseases.
NURSING CARE PLANS & DOCUMENTATION	Lynda Carpenito-Moyet, R.N., M.S.N., C.R.N.P.	Patient Care Planning.
PRIMARY CARE MEDICINE: office evaluation and management of the adult patient	Allan Goroll, M.D., MACP, Albert Mulley, JR., M.D., M.P.P.	Primary Health Care-- methods.
PRINCIPLES AND PRACTICE OF DIALYSIS	William Henrich, MD, MACP	Renal Dialysis.
NURSES AND FAMILIES	Lorraine Wright, RN, PhD, Maureen Leahey, RN, PhD	Nursing Assessment.
SYMPTOMS IN THE PHARMACY	Alison Blenkinsopp, BPharm, MRPharmS, PhD, Paul Paxton, MB, ChB, FRCGP, DRCOG, John Blenkinsopp, MB, ChB, BPharm, MRPharmS	Drug Therapy--Handbooks.
HEALTH POLITICS AND POLICY	James Morone, Theodor Litman, and Leonard Robins	Health Policy--United States.

GUIDELINES FOR PEDIATRIC HOME HEALTH CARE	AAP	Home Care Services--standards--Practice Guideline.
TEXTBOOK OF HOSPITAL PSYCHIATRY	Steven Sharfstein, M.D., M.P.A., Faith Dickerson, Ph.D., M.P.H. and, John Oldham, M.D., M.S.	Psychiatric Department, Hospital--organization & administration.
THE WASHINGTON MANUAL OF MEDICAL THERAPEUTICS	Corey Foster, MD, Neville Mistry, MD, Parvin Peddi, MD, Shivak Sharma, MD	Therapeutics--Handbooks

For Information call the Health Sciences Library at (402)280-5109, or (402)280-5138.

OT/PT “Biggest Loser” Challenge

The OT/PT department is starting a “Biggest Loser” challenge in January. Anyone is welcome to join the program which will begin Jan. 3. The cost to sign up is \$100 and they are hoping to have around 10 participants making the grand prize greater than \$1,000. Participants will receive lots of extras including makeovers, diet/nutrition guidance/advice, exercise advice and encouragement from over 10 people.

The challenge is designed to be a fun and competitive way to lose weight. As healthcare professionals, in order to give people our personal best, we need to be at our personal best. What better way to get there than with friends/coworkers. For more information or to sign up contact Buffye Mencke at 719-640-5586, or 449-4248.

Swap and Shop

For Sale

Dark green couch and loveseat, \$75
Call 896-2284

For Sale

1950's wood and metal sled, 44", Western Clipper, \$40
15" tall Buckwheat doll, numbered with box, \$50
Ladies long black wool dress coat, size 6, \$20
Call 453-2589.

Country Club Home for Sale



2 BD, 1.5 Bath all brick home on quiet street in desired Country Club/Dundee area. \$189,000 (negotiable). For more questions, please call Emily Penning 679-7984.

Do you have an item for sale that you would like to post in the *Connection*? E-mail submissions to kelsey.archer@tenethealth.com. Please include information about the item you are selling, price and contact information.

[\[Return to Top\]](#)

Research Studies

Do you have fall allergies?

Are you between the ages of 19 and 60?

If so you may qualify to participate in a research study. There are a total of 6 visits over an 8 week period of time. Compensation may be available for your time and travel if you qualify. Contact Renee at 280-4613 or via email at Catherinesmith@creighton.edu.

Office of Research and Compliance Services

Creighton University is a leader in patient care and research. Our health sciences schools conduct groundbreaking research in such areas as the health benefits of vitamin D, childhood obesity, osteoporosis, allergy and immunology, diabetes, hereditary cancer, digestive diseases, and more. As an academic medical center, we are proud that we can offer patients access to new and emerging treatments that are not generally accessible to the public, as well as the opportunity to participate in clinical trials that will improve health care for everyone.

A listing of our current open clinical trials is available at:

<http://www.creighton.edu/researchcompliance/researchsubjectpage/index.php>

